Transracial Parenting in Foster Care and Adoption

QUIZ

1. Culture is defined in different ways, but most definitions include all of the following except:
2. Race
3. Customs
4. Religious Beliefs
5. Eye Color
6. Being the only child of a certain race in your family, school, or community can affect a child’s self-esteem.
   1. True
   2. False
7. How can parents instill positive racial identity in children?
   1. Speak positively about a child’s cultural or racial differences
   2. Make it a priority to seek out relationships that reflect the racial identity of your children
   3. Help children explore their own culture and support the difference
   4. Understand that children will experience a race-conscious society
   5. All of the above
8. My family will not experience racial bias because I teach my children “not to see color”.
   1. True
   2. False
9. List 3 things that you can do to make your home a bi-cultural home:

1.

2.

3.

1. Transracially adopted children struggle with feeling “different”, and also struggle with developing:
   1. Positive racial identity
   2. Social skills
   3. Long term goals
   4. Academic skills
2. Learning to care for a child’s physical needs, such as hair care and skin care, are not part of transracial parenting because kids are kids.
   1. True
   2. False
3. The best ways to help children understand racism include all except
   1. Prepare for it to happen
   2. Understand the history of racism
   3. Learn about White Privilege
   4. Hope you never have to talk about it
4. If your child is being discriminated against or is being targeted racially by an adult you should:
   1. Ignore it. People are just rude
   2. Yell and scream at the other adult
   3. Call the police
   4. Step in immediately and address it
5. Consider what you know about White Privilege and describe below something you learned or had not considered before.